Joaquin Moraga Intermediate

COUNSELOTS CONNECT

Middle School Years

Hello JM families and Welcome back!

We are so happy to see your students back with us. Our school counseling/psychology department is growing this year. We are happy to welcome some new faces. We have our new school counselor, Mr. Bimba Mansaray, who will be here Monday/Wednesday/Friday and our school counseling intern from St. Mary's, Ms. Isabella Virgen, who will be here on Monday/Friday. We also have Ms. Xuequin Lin joining Ms. Flint in our school psych department. As you can see, we have a much bigger and stronger team ready and willing to help your students after such a hard year. We know that there may be some academic/social-emotional setbacks, but we are here to help and support you all along the way. Checkout some tips below on how to help promote some organizational skills for the school year:

Homework Area: Take a look at your child's homework space. If it is cluttered, help your child make decisions on what is necessary to keep, recycle, or file.

Planner: Inspect your child's planner. Parents should make sure their child is using this FREE and great resource by observing if there are assignments written down inside.

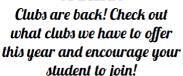
**Backpacks:** Parents should be encouraging their child to regularly clean out their bookbag. Any loose papers should be filed immediately.

**<u>Binders:</u>** Verify that your child has an effective way to store and access important papers. Labeling binders/folders and keeping them easily accessible is key.

**Family Calendars:** Having a family calendar filled with dates (such as doctor appointments, practices, events, even chores) can be very useful as well as a good way to model for your children the importance of remaining organized.

From: "Mission: Organization Transform your middle schooler from a backpack pack-rat to a planning pro.." Scholastics. Scholastic Inc., 2012. Web. 25 Jan 2012.

# **UPDATE**



#### **Mondays:**

Game Club: Outside Rm. 5 S.M.I.L.E club: Auditorium

# Tuesdays:

Game Club: Outside Rm. 5 R.A.D. club: Auditorium

# Wednesdays:

Game Club: Outside Rm. 5 ECO Club (every other Wed see SL calendar for dates): Garden

#### Thursdays:

Game Club: Outside Rm. 5 Creative Arts Club: Rm 4 BC2M Club: Auditorium

### Fridays:

Game Club: Outside Rm. 5 Anime Club: Auditorium Karaoke Club: Pavillion

# **Contact Us**









Mrs.Alvarez(M-F):galvarez@moraga.k12.ca.us Mrs.Herbert(T/TH):aherbert@moraga.k12.ca.us Mr.Mansaray(M/W/F):imansaray@moraga.k12.ca.us Ms. Bella(M/F): bvirgen@moraga.k12.ca.us

#### Psychology:

Ms. Flint(M-F):oflint@moraga.k12.ca.us

